Say it ain't so, ...

I'm tellin' you now, I don't care if it's a race, Imma set my own pace, on my mark: ready, set, go. I'm ashamed that I used to shift the blame when I hadn't done my part, like, say it ain't so. Barely even took the time to just stop and use my mind or try hard, that was befo'. But now I figure why not start, I figure why not start, aye.

The biggest smile on my face when I'm around. You can't really tell that I'm hurtin'.

Really do my best when out in public, keep my head from tiltin down, but deep inside I feel like a burden.

Errbody steady in my ear sayin I should keep goin', not realizing that my heart is torn.

Some days I wake up excited cause I know exactly what I'm doin', other days I still wish I wasn't born, mmm.

But it's cool cause I've dealt with the pain, if I wasn't so solid then I would melt in the rain. And the cycles I was in ain't do nothin but just keep on repeatin' so I felt insane. And I held tight to my selfish ways, wouldn't seek help cause I would self medicate. But when you look at me just know that it's never too late. That's why I'm tellin you now:

I don't care if it's a race, Imma set my own pace, on my mark, ready, set, go.
I'm ashamed that I used to shift the blame when I hadn't done my part, like, say it ain't so.
Barely even took the time to just stop and use my mind or try hard, that was befo'.
But now I figure why not start, I figure why not start, aye.

Safe to say I found my rhythm. Don't you dare feel sorry for me, I am not a victim. We got problems and we fix 'em. It's just for me, music navigates the pain out my system. Beatin the odds: I love that. If I ain't learnin my lessons then I mustn't've had enough yet. And Lord knows I can't be upset, 'cause err' single time somebody tries to help I change the subject.

Force myself to go it alone, I'm surprised I haven't broke any bones.

Take it easy, they don't even need to see me like this, I hid myself at home.

And I held tight to my selfish ways, wouldn't seek help cause I would self medicate.

But when you look at me just know that it's never too late. That's why I'm tellin you now:

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I don't care if it's a race, Imma set my own pace, on my mark, ready, set, go. I'm ashamed that I used to shift the blame when I hadn't done my part, say it ain't so. Barely even took the time to just stop and use my mind or try hard, that was befo'. Now I figure why not start, I figure why not start, aye.