I don't like my mind right now, Stacking up problems that are so unnecessary. Wish that I could slow things down, I wanna let go, but there's comfort in the panic.

And I drive myself crazy, thinking everything's about me. Yeah, I drive myself crazy, 'cause I can't escape the gravity.

I'm holding on. Why is everything so heavy? Holding on, to so much more than I can carry.

I keep dragging around what's bringing me down. If I just let go, I'd be set free. Holding on, why is everything so heavy?

You say that I'm paranoid, But I'm pretty sure the world is out to get me. It's not like I make the choice To let my mind stay so fuckin' messy.

I know I'm not the center of the universe, but you keep spinning 'round me just the same. I know I'm not the center of the universe, but you keep spinning 'round me just the same.

I'm holding on. Why is everything so heavy? Holding on, to so much more than I can carry

I keep dragging around what's bringing me down. If I just let go, I'd be set free. Holding on. Why is everything so heavy?

I know I'm not the center of the universe, you keep spinning 'round me just the same. I know I'm not the center of the universe, but you keep spinning 'round me just the same.

And I drive myself crazy, thinking everything's about me.

Holding on. Why is everything so heavy? Holding on, to so much more than I can carry.

I keep dragging around what's bringing me down, If I just let go, I'd be set free.

Holding on, why is everything so heavy?

Why is everything so heavy? Why is everything so heavy?