Living in the Moment

If this life is one act, why do we lay all these traps? We put 'em right in our path when we just wanna be free. I will not waste my days making up all kinds of ways To worry 'bout all the things that will not happen to me.

So I just let go of what I know I don't know, and I know I'll only do this by:

Living in the moment. Living our life, easy and breezy, with peace in my mind, With peace in my heart, peace in my soul. Wherever I'm going, I'm already home. Living in the moment.

I'm letting myself off the hook for things I've done. I let my past go passed and now I'm having more fun. I'm letting go of the thoughts that do not make me strong. And I believe this way can be the same for everyone.

And if I fall asleep, I know you'll be the one who'll always remind me:

To live in the moment.

To living my life, easy and breezy, with peace in my mind, With peace in my heart, peace in my soul. Wherever I'm going, I'm already home.

I can't live my life facing backwards. I have tried, I've tried more than once just to make sure, And I was denied the future I've been searching for. I spun around and hurt no more,

By living in the moment. Living my life, easy and breezy, with peace in my mind, With peace in my heart, got peace in my soul. Wherever I'm going, I'm already home.

I'm living in the moment, (I'm letting myself off), I'm living my life, (the hook for things I've done), Just taking it easy, (I let my past go passed), with peace in my mind, (and now I'm having more fun), Got peace in my heart, (I'm letting go of the thoughts), got peace in my soul, (that do not make me strong). Wherever I'm going, I'm already home, (and I believe this way can be the same for everyone),

I'm living in the moment, (I'm letting myself off), I'm living my life, (the hook for things I've done), Easy and breeze, (I let my past go passed), with peace in my mind, (and now I'm having more fun), Got peace in my heart, (I'm letting go of the thoughts), got peace in my soul, (that do not make me strong). Wherever I'm going, I'm already home, (and I believe this way can be the same for everyone),

I'm living in the moment.