

It's all right, it's okay, feeling brave, I'm-a face this day.
It's okay, it's all right, no tears will kiss my cheeks tonight.
And it's all good, and I'm just fine, my words ring out like hollow shouts.
Just slow down, it takes time, but time moves slow, I know this well.

*My heart breaks one thousand times a day.
For every hope that dies, another one takes its place.*

**'Cause, I've got the strength of a mountain.
I've got the courage of a deep blue sea.
I have the heart of a lion, and the stars burn bright inside of me.
And although you test me, my God, I stand so proudly, can't you see?
I've got the strength of a mountain, and I'll take all you throw at me.**

This world is quite scary, I know that 'cause I've been here for some time.
But all that prepares me for a day when I can truly shine.
'Cause I've been so broken, I'm picking up fragments of myself.
I'll glue them back together, so I can stand at the edge of this world and yell.

*My heart breaks one thousand times a day
For every hope that dies, another one takes its place.*

**'Cause, I've got the strength of a mountain.
I've got the courage of a deep blue sea.
I have the heart of a lion, and the stars burn bright inside of me.
And although you test me, my God, I stand so proudly, can't you see?
I've got the strength of a mountain, and I'll take all you throw at me.**

I'll dust the cobwebs off this sheath,
And take the sword of my belief,
And in this storm I will not flinch.
I will not move. No, not an inch.

**Because, I've got the strength of a mountain.
I've got the courage of a deep blue sea.
I have the heart of a lion, and the stars burn bright inside of me.
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