

Oh, ... (It's alright). Oh, ...

Oh, hey, I had a night, I had a day.

I did one million stupid things, I said one billion foolish things, I'm not okay.

I got a baseball bat beside my bed

to fight off what inside my head, to fight off what's behind my meds. I'm lonely, lost in pain ...

It's alright, it's okay, it's alright, it's okay.

You're not a monster, just a human, and you made a few mistakes.

It's alright, it's okay, it's alright, it's okay.

You're not gruesome, just human, and you made a few mistakes

It's alright, oh ... it's okay, oh ...

Goddamn, I throw a brick right through the window of my life, ignored the signals.

I am high and drunk on ego, can't see straight.

So I just feel my way around man, I am touching, I am grabbing.

Everything I can't be havin', I am broken down in shame.

It's alright, it's okay, it's alright, it's okay.

You're not a demon, there's a reason you're behaving that way.

It's alright, it's okay, it's alright, it's okay.

And I believe, yes, I believe that you will see a better day.

It's alright, oh, ... It's okay, oh, ... It's alright, oh ...

I don't wanna know who I am, 'cause heaven only knows what I find.

I don't wanna know I'm not capable of coming out alive.

I don't wanna see what's inside. I think that I would rather be blind.

I don't wanna know I'm not capable. I'm capable!

I'm alright, I'm okay, I'm alright, I'm okay.

I'm not a monster, I'm a human, and I made a few mistakes.

I'm alright, I'm okay, I'm alright, I'm okay.

I'm not gruesome, just human, and I made a few ...

It's alright, it's okay, it's alright, it's okay.

You're not a demon, there's a reason, you're behaving that way.

It's alright, it's okay, it's alright, it's okay.

And I believe, yes, I believe that you will see a better day.

It's alright, oh, ... It's okay, oh, ... It's alright, oh ...

And I believe, yes, I believe

That you will see a better day

(It's alright)