

## Therapy

All Time Low (2009)

My ship went down in a sea of sound.  
When I woke up alone, I had everything:  
A handful of moments I wished I could change,  
And a tongue like a nightmare that cut like a blade.

In a city of fools, I was careful and cool,  
But they tore me apart like a hurricane.  
A handful of moments I wished I could change,  
But I was carried away.

Give me a therapy, I'm a walking travesty  
But I'm smiling at everything.  
Therapy, you were never a friend to me  
And you can keep all your misery.

My lungs gave out as I faced the crowd.  
I think that keeping this up could be dangerous.  
I'm flesh and bone, I'm a rolling stone,  
And the experts say I'm delirious.

Give me a therapy, I'm a walking travesty  
But I'm smiling at everything.  
Therapy, you were never a friend to me  
You can take back your misery.

Arrogant boy,  
Love yourself so no one has to.  
They're better off without you  
(They're better off without you).

Arrogant boy,  
'Cause a scene like you're supposed to.  
They'll fall asleep without you,  
You're lucky if your memory remains.

Give me a therapy, I'm a walking travesty  
But I'm smiling at everything.  
Therapy, you were never a friend to me  
You can take back your misery.

Therapy, I'm a walking travesty  
But I'm smiling at everything.  
Therapy, you were never a friend to me  
And you can choke on your misery.