

In My Blood

Shawn Mendes (2018)

[FMaj7 = 012300; Capo 5th fret]

C F Am F C
Help me, it's like the walls are caving in. Sometimes I feel like giving up, but I just can't. It isn't in my blood.

C F
Laying on the bathroom floor, feeling nothing. I'm overwhelmed and insecure, give me something
Am F
I could take to ease my mind, slowly.

C F
Just have a drink and you'll feel better, just take her home and you'll feel better.

Am F
Keep telling me that it gets better. Does it ever?

C Fmaj7
Help me, it's like the walls are caving in.
Am Fmaj7
Sometimes I feel like giving up, no medicine is strong enough.
C Fmaj7
Someone help me. I'm crawling in my skin.
Am Fmaj7
Sometimes I feel like giving up, but I just can't.
C Fmaj7 Am Fmaj7
It isn't in my blood! ... It isn't in my blood!

C
I'm looking through my phone again, feeling anxious.
F
Afraid to be alone again, I hate this.
Am F
I'm trying to find a way to chill, can't breathe, oh.

Is there somebody who could

(Chorus)

C Fmaj7 Am Fmaj7
I need somebody now! I need somebody now! Someone to help me out! I need somebody now.

C Fmaj7 Am Fmaj7
Help me, it's like the walls are caving in. Sometimes I feel like giving up, but I just can't.

C Fmaj7 Am Fmaj7
It isn't in my blood! (Ooh). It isn't in my blood, oh, oh!

C Fmaj7 Am Fmaj7
It isn't in my blood. (I need somebody now). It isn't in my blood. (I need somebody now).

C Fmaj7 Am Fmaj7
It isn't in my blood.