

In My Blood

Shawn Mendes (2018)

Help me, it's like the walls are caving in.
Sometimes I feel like giving up, but I just can't.
It isn't in my blood.

Laying on the bathroom floor, feeling nothing.
I'm overwhelmed and insecure, give me something
I could take to ease my mind, slowly.

Just have a drink and you'll feel better.
Just take her home and you'll feel better.
Keep telling me that it gets better.
Does it ever?

Help me, it's like the walls are caving in.
Sometimes I feel like giving up, no medicine is strong enough.

Someone help me.
I'm crawling in my skin.
Sometimes I feel like giving up, but I just can't.
It isn't in my blood! It isn't in my blood!

I'm looking through my phone again, feeling anxious.
Afraid to be alone again, I hate this.
I'm trying to find a way to chill, can't breathe, oh.
Is there somebody who could help me?

It's like the walls are caving in.
Sometimes I feel like giving up, no medicine is strong enough.

Someone help me.
I'm crawling in my skin.
Sometimes I feel like giving up, but I just can't.
It isn't in my blood! It isn't in my blood!

I need somebody now! I need somebody now!
Someone to help me out! I need somebody now.

Help me, it's like the walls are caving in.
Sometimes I feel like giving up, but I just can't.

It isn't in my blood!
It isn't in my blood, oh, oh!

It isn't in my blood. (I need somebody now.)
It isn't in my blood. (I need somebody now.)
It isn't in my blood.