I Love Me Demi Lovato (2021)

Flipping through all of these magazines,
Telling me who I'm supposed to be,
Way too good at camouflage,
Can't see what I am, I just see what I'm not.

I'm guilty 'bout everything that I eat (every single bit), Feeling myself is a felony, Jedi level sabotage, Voices in my head make up my entourage.

'Cause I'm a black belt when I'm beating up on myself, But I'm an expert at giving love to somebody else. I, me, myself and I, don't see eye to eye, me, myself and I.

Oh, why do I compare myself to everyone,
And I always got my finger on the self-destruct?
I wonder when "I love me" is enough, (yeah, yeah, yeah).
I wonder when "I love me" is enough (yeah, yeah, yeah).

Why am I always looking for a ride or die?
'Cause mine's the only heart I'm gonna have for life.
After all the times I went and f***ed it up
(all the times I went and f***ed it up),
I wonder when "I love me" is enough (yeah, yeah, yeah).

Yeah, yeah; Yeah, yeah; Yeah, yeah, yeah I wonder when "I love me" is enough. I wonder when "I love me" is enough.

Haters that live on the internet,
Live in my head, should be paying rent.
I'm way too good at listening,
All these comments messing up my energy.

'Cause I'm a black belt when I'm beating up on myself, But I'm an expert at giving love to somebody else. I, me, myself and I, don't see eye to eye, me, myself and I.

Oh, why do I compare myself to everyone?
And I always got my finger on the self-destruct?
I wonder when "I love me" is enough (yeah, yeah, yeah).
I wonder when "I love me" is enough (yeah, yeah, yeah)

Why am I always looking for a ride or die?
'Cause mine's the only heart I'm gonna have for life.
After all the times I went and f***ed it up
(all the times I went and f***ed it up),
I wonder when "I love me" is enough (is enough).

Yeah, yeah; Yeah, yeah; Yeah, yeah; Yeah, yeah; Yeah, yeah. I wonder when "I love me" is enough.

I wonder when "I love me" is enough.

I'm my own worst critic, talk a whole lot of sh**, But I'm a ten out of ten even when I forget, I-I-I-I (I'm a ten out of ten, don't you ever forget it)

I'm my own worst critic, talk a whole lot of sh**,
But I'm a ten out of ten even when I forget, I-I-I-I
Yeah, yeah; Yeah, yeah; Yeah, yeah; Yeah, yeah.
I wonder when "I love me" is enough.
I wonder when "I love me" is enough.

Yeah, yeah; Yeah, yeah I wonder when "I love me" is enough. Yeah, yeah; Yeah, yeah, Yeah, yeah; Yeah, yeah.