

Who Needs Sleep?

Barenaked Ladies (1998)

Now I lay me down not to sleep; I just get tangled in the sheets.
I swim in sweat three inches deep; just lay back and claim defeat.

Chapter read and lesson learned: turn the lights off while she burns.
So while she's three hundred degrees, I throw the sheets off and I freeze.

*Lid's down, I count sheep, I count heartbeats;
The only thing that counts is that I won't sleep, I countdown, I look around.*

Who needs sleep? Well, you're never gonna get it.
Who needs sleep? Tell me, what's that for?
Who needs sleep? You have to live with what you're getting';
There's a guy's been awake since the Second World War.

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My hands are locked up tight in fists. My mind is racing, filled with lists.
Of things to do and things I've done; another sleepless night's begun.

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The only thing that counts is that I won't sleep, I countdown, I look around.*

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So much joy in life, so many pleasures all around,
But the pleasure of insomnia is one I've never found.
With all life has to offer, there's so much to be enjoyed,
But the pleasures of insomnia are ones I can't avoid.

*Lid's down, I count sheep, I count heartbeats;
The only thing that counts is that I won't sleep, I countdown, I look around.*

Halla, halla, halla, halla!

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